

Backcountry Canoe Camping Check List©

This is just a "suggestion" list; trust us, we have never brought everything on it.

Much will depend on your weather forecast. Use your good judgment.

EVERYTHING that won't float should be secured to your boat before getting on river. Everything that cannot get wet needs to be containerized in dry bags or 5 gal. plastic buckets

SHELTER

- tent
- ground cloth
- sleeping pad
- sleeping bag
- plastic bag for river sandals
- rain cover for campsite in inclement weather
- tent & sleeping pad repair kit

FOOD/KITCHEN

- Backpacking stove
- fuel
- dinnerware: cup, plate, bowl
- pot lifter or pot holder
- water boiling pot w/lid
- cooking pot w/lid
- utensils (knife, fork, spoon)
- water (at least 1 gal/person/day)
- water purifications kit (tabs or filter) for backup
- fire starting kit (matches, fire eggs, lighter wood.)
- garbage bag (pack it **out**)
- 1/4 scrubber pad & biodegradable detergent
- Nalgene bottles not made of bisphenol A
- snacks
- freeze dried or dehydrated meals
- paper towels
- backpackers grill
- can opener
- water carrier
- coffee pot
- portable table
- condiment kit (salt, pepper, sugar, coffee, etc)

MISCELLANEOUS

- Boat seat backs
- Lg. sponge (to clean out canoe)
- Hiking Hammock
- Camera (please share photos)
- Flashlight w/extra batteries
- Plastic sheet to sit on & cook on
- 50 ft. polyester or nylon cord
- Pencil & paper
- Binoculars
- Lantern or headlamp
- Therma rest/camp chairs
- sewing kit
- Sunshower (for a warm shower at the end of the day)
- Fishing gear
- Bailer

TOILETRIES (nothing scented please)

- biodegradable soap
- wash cloth & pack towel
- toothbrush & toothpaste
- sunscreen
- toilet paper & trowel
- body insect repellent
- deodorant
- moist towelettes

CLOTHING SUGGESTIONS

- river sandals/shoes
 - rain gear
 - socks
 - tee shirts (synthetic is best)
 - sun hat
 - wool/fleece layer
 - hooded jacket/wind breaker
 - long sleeve shirt
 - underwear
 - camp shoes
 - sleep clothes
 - knit hat
 - long underwear
 - shorts
 - gloves
 - bathing suit
 - long pants
 - bandannas
 - sunglasses
- +Please ask trip leader if you need to contribute fire wood.

EMERGENCY GEAR

- *Coastguard approved personal flotation device
- *Whistle (required by Coastguard)
- medications
- *First Aid kit
- *Identification
- map
- compass
- rescue rope
- extra paddle
- space blanket

*REQUIRED ON ALL WILDERNESS TREKKER PADDLING EVENTS

+Out of consideration to others out to enjoy the wilderness, please keep clothing and equipment in *low impact colors*.